



**Written submission from the
Canadian Mental Health
Association - Grey Bruce**

**Mémoire de
l'Association canadienne pour la
santé mentale - Grey Bruce**

In the Matter of

À l'égard de

**Bruce Power Inc. – Bruce A and B
Nuclear Generating Station**

**Bruce Power Inc. - Centrale nucléaire de
Bruce A et Bruce B**

Request for a ten-year renewal of its Nuclear
Power Reactor Operating Licence for the
Bruce A and B Nuclear Generating Station

Demande de renouvellement, pour une période
de dix ans, de son permis d'exploitation d'un
réacteur nucléaire de puissance à la centrale
nucléaire de Bruce A et Bruce B

Commission Public Hearing – Part 2

**Audience publique de la Commission –
Partie 2**

May 28-31, 2018

28-31 mai 2018



**Canadian Mental
Health Association**
Grey Bruce
Mental health for all

1024 2nd Ave. East
Owen Sound, ON N4K 2H7
Phone: 519-371-3642
Fax: 519-371-6485
www.cmhagb.org

Ms. Louise Levert
Secretariat
Canadian Nuclear Safety Commission
280 Slate St., P.O. Box 1046
Ottawa, Ont.
K1P 5S9

Friday, March 9, 2018

Dear CNSC Commission members:

The Grey Bruce Branch of the Canadian Mental Health Association (CMHA Grey Bruce) is honoured to provide this letter of support for the Bruce Power Licence Renewal application. We understand this is a complex, intensive process as Bruce Power has applied to renew its nuclear power reactor operating licence for a period of 10 years, until August 2028. It is exciting to think that if accepted, the license renewal would in turn enable Bruce Power to invest up to \$13 billion into the Tiverton site, allowing it to operate further through to 2064. We are so pleased that we have the opportunity to assist in this process. We hope you accept this letter to as an endorsement of our utmost respect for Bruce Power and we hope you will be able to use it to gain a broader understanding of the invaluable and priceless role they play in our community and beyond.

Since 1963, CMHA Grey Bruce has played an important role in community-based programs, services, and public education. Our mission is to provide programs and services that support the resilience and recovery of people experiencing mental disorders, and to enhance, maintain, and promote the mental and emotional health of all individuals in Grey and Bruce counties. We are dedicated to improving the lives of people with lived experience of mental illness, yet our goal is also to achieve mental health for all. We accomplish this mission through advocacy, education, and clinical services.

In the past four years alone, Bruce Power has donated just over \$100,000 to Canadian Mental Health Association Grey Bruce to provide much needed funds for both direct service and educational programs. Our partnership extends far beyond that. We are proud to say we have worked in partnership with the staff of Bruce Power for more than 13 years. With their financial support, we have been able to provide much needed community programs that have had a profound impact on the quality of life of hundreds of individuals living with a mental disorder. All of these programs are available to all residents in the Counties of Grey and Bruce including citizens of our two indigenous communities of The Saugeen First Nation and Chippewa's of

Nawash Unceded First Nation. In addition, Bruce Power funds have supported much needed mental health awareness and advocacy programs enabling us to reach out and connect with thousands and thousands of Grey Bruce residents.

Here is a quick snapshot of some of the many programs made possible with support from Bruce Power:

The Men's program: This is a domestic violence prevention program. This program receives extremely limited core funding by the ministry of the Attorney General of public safety. With the additional funding, we were able to provide group counseling for men who self-referred or were referred by other agencies who otherwise would not have been able to access the otherwise court-mandated Men's Groups. Individuals who identified as needing extra support to address abusive behaviours and prevent further injury and harm were connected to supports as well as their partners. Their partners were able to access the Partner Assault Response / PAR Programs provided by the Men's Program. In addition, the funding provided access to critical individual counseling for both men and women who struggle with violence related issues.

Community Gardens & Community Brunch Program: Each of our four Leisure Links sites, across Grey and Bruce Counties offer community garden programs. These gardens generate produce that is then in turn used to create healthy, nutritious meals for the members of those centres. The largest garden, the Owen Sound Food Forest has grown exponentially over the last three years to 90 raised beds growing everything from vegetables and herbs to hot peppers and fruits. In addition, each site employs community gardeners to tend to those gardens and in turn learn valuable life skills and reap the benefits of social support, fresh air and exercise.

Fresh Roots Café and Catering: A Social Enterprise project providing individuals living with a diagnosed mental illness the opportunity for training, employment, social interactions and access to healthy eating education and knowledge. Bruce Power funds were used to purchase commercial grade kitchen equipment, fixtures and the required installation renovations.

Ride Don't Hide: Bruce Power has been instrumental in providing the funding required to holding our annual, large, flagship fundraising event. By securing the funds necessary to cover the operational costs, we have been able to return all the funds raised directly back into our community funded programs.

Grey Bruce Friends and Neighbours (FAN) Club: A mental health awareness program providing puppet presentations on social issues affecting children ages 4 to 11. This program has grown every year and most recently visited 7,668 children and 2,353 teachers through 292 FAN Club presentations.

It is important to note that our partnership extends beyond strictly providing funding to programs. Over our 13 year partnership, we have worked closely with Bruce Power to offer workplace training, speaker presentations and participation in many workplace awareness events for employees. In addition, we have provided expertise and advice when requested in building and creating awareness campaigns and employee wellness events.

One of the most successful campaigns run by staff of Bruce Power was the **#BreakTheSilence Campaign**. For the last two years, during Mental Health Week, Bruce Power's Break the Silence campaign has made a major impact within our community. Bruce Power is the largest employer in the area and with our other partners in mental health, we are able to generate conversations among employees, friends, family and citizens that were instrumental in helping us to end the stigma surrounding mental illness and mental health issues. The underlying message of the annual campaign was to let those who may be struggling know that they are not alone and there is help.

At CMHA Grey Bruce, we were impressed by the compassion and expertise of the Bruce Power's human resources team and their dedication to the emotional well-being of their employees and their families. Through their well-designed annual Wellness Fair, we are able to partner to offer resources to anyone seeking information and support. The event provided expert guest speakers and sought to achieve a complete and holistic approach to wellness.

We have taken the opportunity to read further on the rigorous and transparent public process established by the CNSC to complete this process. We understand the commitment required by Bruce Power to complete this robust and comprehensive process. To insure the process is completed thoroughly, Bruce Power has completed a series of engagement sessions and webinars.

Finally, we would like to take this opportunity to acknowledge that the most important reason we have been able to build such a strong partnership is our shared values. Together we envision a community that values human dignity and offers every citizen a supportive environment to allow them to achieve and maintain overall well-being, and optimum mental and emotional health. We are proud to say that both of our organizations are able to achieve these high standards while ultimately respecting culture, gender, ability, background and sexual identity in a professional, non-judgmental, best-practice manner.

Once again, thank you for this opportunity to provide our support and offer proof of the incredible community commitment shown by Bruce Power. We look forward to many years of working together in support of our community. We know working together, anything is possible.

Sincerely



Claude Anderson
Executive Director



Community Investment

About us



Our Mission:

- To provide programs and services that support the resilience and recovery of people experiencing mental disorders, and to enhance, maintain, and promote the mental and emotional health of all individuals in Grey and Bruce counties.
- We accomplish this mission through advocacy, education and clinical services.
- We employ 50 mental health workers in 7 different locations throughout Grey Bruce & operate with a budget of \$3.6 million.



ride don't hide



Canadian Mental
Health Association
Mental health for all



RIDE with us! JUNE 25 2017

JOIN

THE MOVEMENT

SUPPORT MENTAL
HEALTH FOR ALL

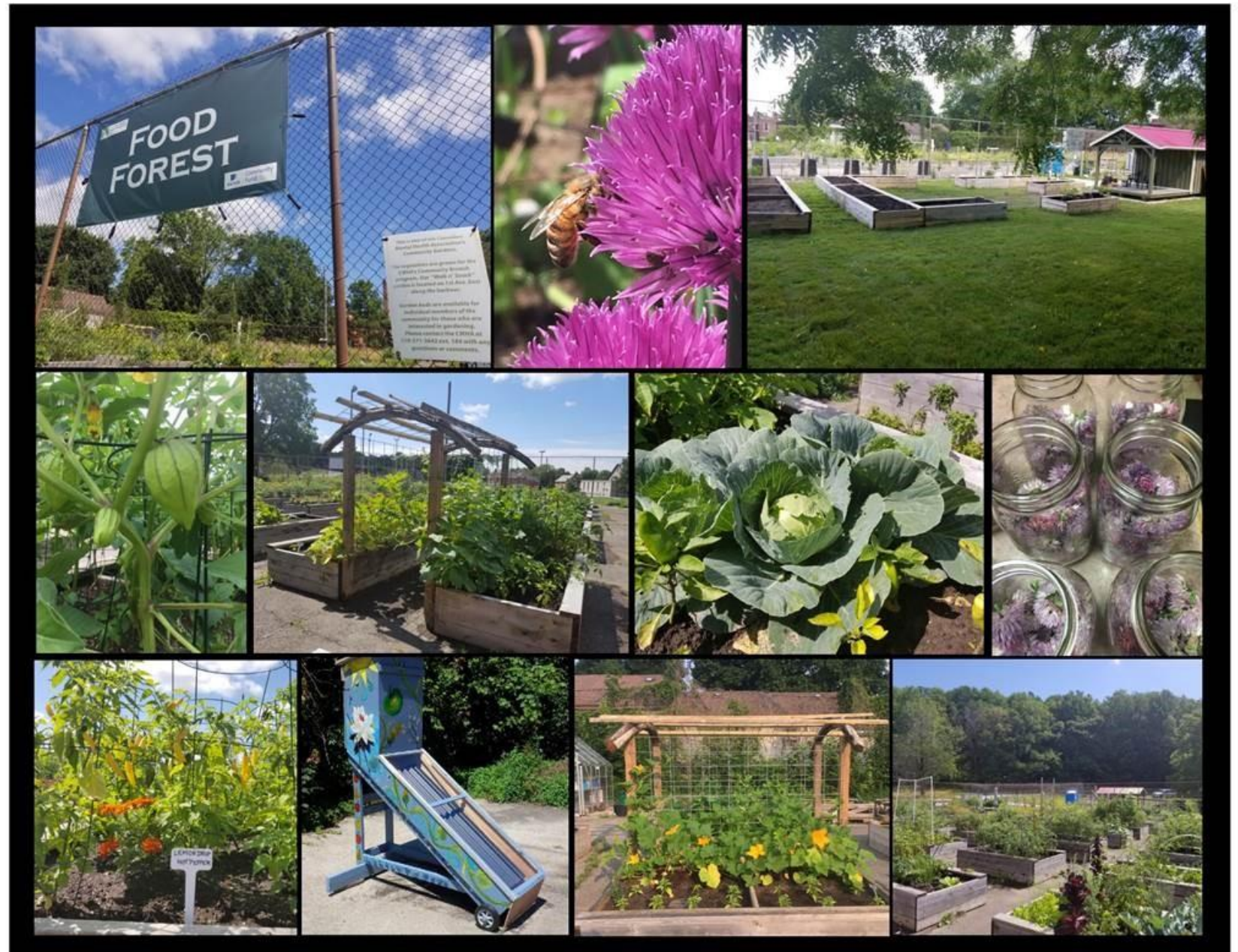
Community Sponsorship

Through Bruce Power Event Sponsorship, we were able to raise over \$180,000 in the last 4 years with all dollars raised going directly back into programs and services

Community Outreach

Bruce Power funds have supported

- Community Gardens
- Food Forest
- Brunch Program
- ID clinic
- Men's Program
- Social Enterprise

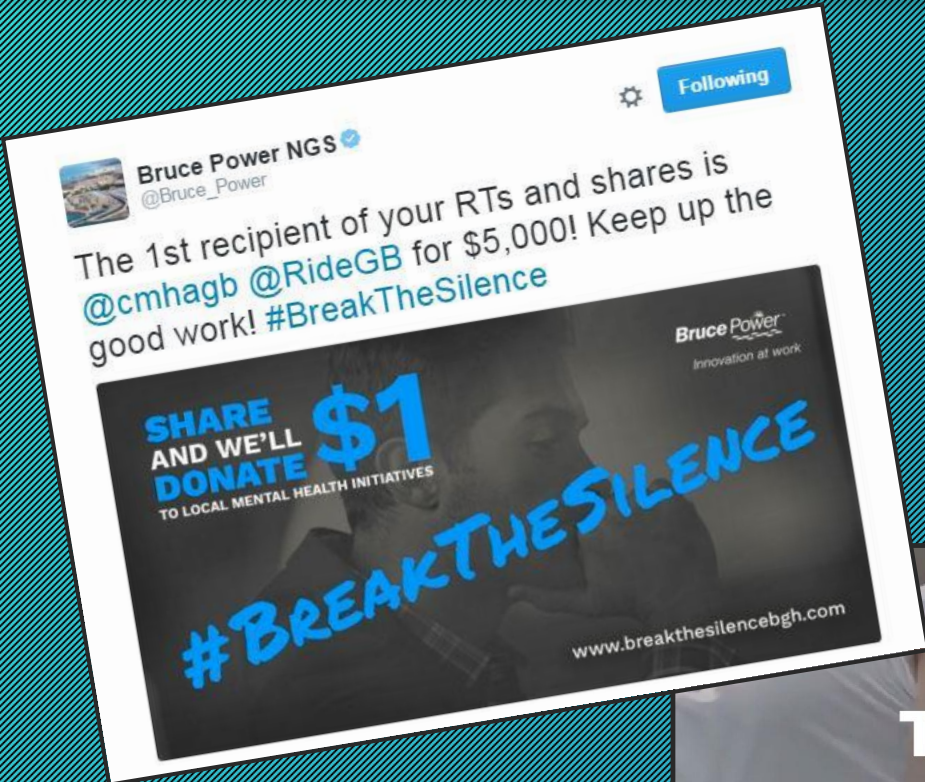


Youth Education & Outreach



With Bruce Power support, the Grey Bruce Friends and Neighbours (FAN) Club program has provided 2,103 presentations in the community to a combined audience of 128,000 children from ages 4 to 11.

We applaud the work of the Bruce Power #BreakTheSilence social media campaign



#BREAKTHESILENCE

Every time you post to social media using the hashtag #BreakTheSilence, Bruce Power will donate \$1 to a local mental health initiative, up to \$80,000.

Share on Facebook

20% OF CANADIANS WILL EXPERIENCE MENTAL ILLNESS	EVERY WEEK, 500,000 EMPLOYED CANADIANS ARE UNABLE TO WORK DUE TO MENTAL HEALTH PROBLEMS	EACH YEAR, 1 IN 5 CANADIANS EXPERIENCE A MENTAL HEALTH OR ADDICTION PROBLEM
24% OF DEATHS AMONG 15-24 YEAR OLDS	16% OF DEATHS AMONG 25-44 YEAR OLDS	THE ECONOMIC BURDEN OF MENTAL ILLNESS IN CANADA IS ESTIMATED AT \$51 BILLION PER YEAR



Thank you!



Awareness



Advocacy



Philanthropy

